



Town Hall Discussion

Let's talk about
Depression and Anxiety
in the Legal Profession

WEDNESDAY, JANUARY 30, 2019

5:30 P.M. – 7:00 P.M.

**1.5 hours CLE credit in Enhanced Ethics
for Delaware and Pennsylvania attorneys**

REGISTRATION AND CHECK-IN: 5:00 P.M. – 5:30 P.M. | CLE SEMINAR: 5:30 P.M. – 7:00 P.M.

Live in New Castle County at Delaware State Bar Association, 405 N. King St., Suite 100, Wilmington, DE
Live webcast in Kent County at Morris James LLP, 850 New Burton Rd., Suite 101, Dover, DE

ABOUT THE TOWN HALL

According to the Rules of Professional Conduct an attorney must be fit. We know that fitness means more than just fitness of legal expertise; it means also those qualities of Physical, Mental and Psychological health that enables lawyers to withstand the demands of modern lawyering and fulfill their responsibilities to their clients, to their families and to their profession. We need an open and candid discussion about how the legal profession is at cross-roads and how to make a difference in the life of a lawyer by knowing the culture, the problems (including lawyer suicide) and the resources available for prevention and treatment.

Sponsored by The Delaware Lawyers Assistance Program

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PROGRAM

Moderator

The Honorable Eric M. Davis

Program

5:00 p.m. - 5:30 p.m.
Registration and Check-in

5:30 p.m. - 7:00 p.m.

Discussion

Gabe's Story

Sarah B. Cole, Esquire
Marshall Dennehey Warner Coleman
& Goggin

Phenomenology

Dennis Bruce Phifer, Esquire
Law Office of Dennis Bruce Phifer, P.A.

Solutions

R. Judson Scaggs Jr., Esquire
Morris Nichols Arsht & Tunnell LLP
Chair of Lawyers Assistance Committee

Dr. Clarence Watson
Delaware Department of Health and Social
Services, Division of Substance Abuse and
Mental Health

Victoria R. Sweeney, Esquire
McCarter & English
American Foundation for Suicide Prevention

The Problem - Basis for Concern

According to the ABA/Hazelden Betty Ford first national study on attorney substance use, mental health concerns, as well as the recent National Task Force on Lawyer Wellbeing, a movement, and subsequent discussions, are taking place on the problems, as well as the solutions, effecting lawyer wellbeing.

Expressions of concern about the stress and challenges of practicing law began years ago and, in recent years, have been substantiated by reliable studies and become even more evident in the lives of lawyers: The most recent data on lawyers:

- 21%-36% problem drinkers
- 28% depression
- 19% anxiety
- 23% elevated stress
- 25% work addiction
- High suicide rate
- Commonly struggle with work-life conflicts

The consequences of this distress can be catastrophic. They include dissatisfaction, turnover, mental and physical illness, substances abuse, and suicide.

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REGISTRATION FORM

THREE WAYS TO REGISTER:

- NEW! Register online at www.dsba.org/cle. Log in and select Live Seminars (DSBA members only).
- Fax this completed form with credit card information to (302) 658-5212
- Mail this completed form with check or credit card information to:
 Delaware State Bar Association, 405 N. King St., Suite 100, Wilmington, DE 19801

REGISTER ONLINE

Town Hall Discussion | Wednesday, January 30, 2019
 Please return by Wednesday, January 23, 2019 • DSB01302019TOWN_

SELECT LOCATION:

- Delaware State Bar Association in Wilmington Morris James in Dover

SELECT REGISTRATION TYPE:

All rates include the CLE Seminar and Material Download

- \$75.00 Members and Staff Registering On or Before 1/23/19 \$95.00 Members and Staff Registering After 1/23/19
 \$150.00 Non-Members
 PA Credit – Add \$6.00 PA ID No. _____

Name: _____ DE ID No.: _____

E-mail: _____

Firm: _____ Phone: _____

Address: _____

Check/Charge in the amount of \$ _____ enclosed. *Please make checks payable to DSBA.*

MasterCard Visa Amex Discover Exp. Date: _____ CVV: _____ Card No.: _____

Signature: _____ (Required if card purchase) Billing Zip Code: _____

General Information

Return registration form to Delaware State Bar Association, 405 N. King St., Suite 100, Wilmington, Delaware 19801, or by fax to (302) 658-5212. A confirmation will be emailed to the registrant. Please keep a copy of this form as your receipt. A registrant may cancel a registration for a live seminar, but a request for a refund for that cancelled registration must be made in writing and must be received no later than one week prior to a seminar to be approved. PA CLE Credit will be reported according to the PA CLE Board rules: www.pacle.org. Unpaid registrants who fail to attend are responsible for the full cost of the live seminar. A registration for a live seminar may be transferred to another attorney. Call DSBA at (302) 658-5279 for more information. Visit www.dsba.org for all seminar policies.

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